

Hoover Community Center

1677 Park Ave., San José 95126

Phone: 408-292-5871

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Supervisor: Jane Hemeon

Email: jane.hemeon@sanjoseca.gov

Bus Lines: 36, 62, 81

Types of Programs: Fee classes, community meetings rentals, special events, after school recreation and sports leagues.

ARTS & CRAFTS

Arts and Crafts \$40

Children have fun learning how to draw, paint, and create art sculptures. Main focus is on self-expression, how to use different art materials, and imagination.

No Class 11/26

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.101	F	10/8-12/3	3:30-4:30pm	5-7	8	HV
296.2.102	F	10/8-12/3	4:30-5:30pm	8-11	8	HV

Clay Sculpture \$50

This is a fun and messy class for children to explore the use of clay which will aid in the development of their fine motor skills. Bring an oversized shirt or an apron to wear during class.

No Class 10/11

Instructor: Barnes-Mellberg

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.301	M	10/4-11/15	3:15-4:45pm	6-10	6	HV

Drawing and Sketching \$50

This creative class explores a variety of drawing techniques. Students will work with graphite and colored pencils. All supplies will be provided.

Instructor: Barnes-Mellberg

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.305	T	10/5-11/9	3:15-4:45pm	6-10	6	HV

Holiday Workshop \$15

Come and join us for our holiday craft workshop. Kids will create beautiful holiday ornaments and other festive crafts. This is a great opportunity for parents to get away for a few hours to shop or just relax before the Holidays.

Instructor: Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.104	Sa	12/11	10am-1pm	5-7	1	HV
296.2.105	Sa	12/11	1:30-4:30pm	8-11	1	HV

Trash To Treasures Art Class \$50

A new and creative art class where kids will make usable products for home, school, or office with materials that are normally thrown away into landfills. This class will inspire kids and their parents to see what a huge resource we have with recycled materials. We all have the responsibility to clean up our world and recycle

Instructor: Barnes-Mellberg

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.310	W	10/6-11/10	3:15-4:45pm	6-10	6	HV

DANCE

Ballet/Tap \$49

Beginning lessons for ballet/tap. Students must wear hard soled shoes and loose clothing or leotard. Parents are allowed to stay for the first 10 minutes of the first class day and for the class recital (date to be announced by instructor). Participants must be toilet trained.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.205	T	10/15-11/23	3-3:55pm	3-6	8	HV
296.2.206	T	10/15-11/23	4-4:55pm	5-7	8	HV
296.2.207	T	10/15-11/23	5-5:55pm	8-12	8	HV

Hawaiian Dance \$49

Learn to dance and sway to authentic Hawaiian music and have lots of fun! The next time you travel to Hawaii or are just hanging around the pool you will be able to dance like a Hawaiian native.

No Class 11/11, 11/25

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.215	Th	10/7-12/9	5:30-6:25pm	6-10	8	HV

Jazz/Hip-Hop Dance \$49

Explore beginner Jazz/Hip-Hop Dance, music and culture through regular practice of various routines and dance techniques. Develop coordination skills, interpersonal skills, and overcome performance anxiety...and of course have fun doing it.

No Class 11/11, 11/25

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.210	T	10/5-11/23	6-6:55pm	7-12	8	HV
296.2.211	Th	10/7-12/9	1:30-2:25pm	3-6	8	HV

MUSIC/THEATER ARTS

Art Adventures \$87

A favorite for pre-schoolers, this class blends creative drama, dance, music and visual art for a one-of-a-kind program. Children explore the various fields of art with costumes, props, music, arts and crafts and lots of imagination.

No Class 11/26

Instructor: C.L.A.P.

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.401	F	10/8-12/3	1:15-2pm	2-4*	8	HV
296.2.402	F	10/8-12/3	2-2:45pm	3-5	8	HV

*Parental participation is required for class# 401.

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MUSIC/THEATER ARTS

Act One!

\$87

Take an imagination journey filled with fun and fantasy! Designed for children of varied abilities, this spectacular drama workshop uses theater games, improv, and a variety of costuming and props to take children on adventures they won't soon forget. From fairy tale castles to safari scenes, budding young artists explore the world of creative drama. At the conclusion of this program, children collaborate on a wildly fun variety show where they put their talents on display.

No Class 11/26

Instructor: C.L.A.P.

Course#	Day	Date	Time	Age	Mtg	Loc.
296.2.446	F	10/8-12/3	3:30-4:30pm	7-11	8	HV

Puppet Workshop

\$25

An introduction to puppetry. Make your own puppets and then put them on stage. Parents are welcome to stay.

No Class 10/11

Instructor: Theatre Staff

Course#	Day	Date	Time	Age	Mtg	Loc.
296.2.445	M	10/4-11/15	11am-12pm	3-5	6	HV

Piano Keyboard - Level 1

\$70

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Access to a piano or keyboard is recommended. A \$7.50 music book, fee payable to the instructor, will be collected at the first class. Students must bring their own set of headphones. Level 2-Student has completed Level 1.

Instructor: Noteworthy

Class#	Day	Date	Time	Age	Mtg	Loc.
296.2.410	W	10/6-11/24	3:30-4:15pm	6-7	8	HV
296.2.411	W	10/6-11/24	4:20-5:05pm	8-11	8	HV

Piano Keyboard - Level 2

\$70

Class#	Day	Date	Time	Age	Mtg	Loc.
296.2.413	W	10/6-11/24	5:10-5:55pm	6-11	8	HV

Fairy Tale Theatre

\$25

Enjoy a new fairy tale each week! Hear the story and then act it out through the magic of creative drama.

Instructor: Theatre Staff

Class#	Day	Date	Time	Age	Mtg	Loc.
296.2.444	W	10/6-11/10	10-11am	3-5	6	HV

SPECIALTY CLASSES

3-Dimensional Math Sculpture

\$65

This math paper sculpture class helps you turn abstract ideas into concrete paper sculptures. Through this process, students exercise their judgement, logic and creative skills. They will take home their 3-D projects to share and display.

Instructor: Liu

Course#	Day	Date	Time	Age	Mtg	Loc.
296.2.610	T	10/5-11/23	4-5:30pm	7-10	8	HV
296.2.611	T	10/5-11/23	5:30-7pm	11-16	8	HV

Chess

\$70

Learn basic chess strategies and develop creative combinations for a winning chess game. This game keeps your mind alert and sharp as you think critically. Chess boards are provided in class and available for purchase to practice at home. There will be a chess tournament on the final night of class.

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg	Loc.
296.2.621	W	10/6-12/8	5:30-6:30pm	8-12	10	HV

WILLOW GLEN CHILDREN'S THEATRE CONNECTION

A Citywide Drama Program of San Jose

Theatre Connection is your window to the Willow Glen Children's Theatre. Join the Theatre Connection and you will be cast in our December production!

WHO: Girls and Boys – 7 years of age and older
WHEN: Saturdays, 10am-12pm
 Begins October 2 and ends in early December.
WHERE: Willows Senior Center, 2175 Lincoln Ave.
COST: \$50.00 per person – fee includes workshop, participation in a play and theatre t-shirt.

Registration will be taken on the first day of the Theatre Connection. For more information please call Hoover Community Center at 292-5871.

Holiday Cookies \$15

Come join us for our holiday cookie making workshop. Learn how to make a variety of cookies for the holidays and even how to taste a few while you wait. This is a great opportunity for parents to get away to shop or just relax before the holidays.

Instructor: Staff

Course#	Day	Date	Time	Age	Mtg	Loc
296.2.640	S	12/18	10am-1pm	8-11	1	HV
296.2.641	S	12/18	1:30-4:30pm	5-7	1	HV

Mental Math \$55

Students enhance their Mental Math skills through Power Math. Using the Abacus, they will understand arithmetic better and learn to solve math equations quickly. A \$20 cash fee is payable to the instructor for workbook and abacus at the first class meeting.

No Class 11/11, 11/25

Instructor: Liu

Class#	Day	Date	Time	Age	Mtg.	Loc.
296.2.604	Th	10/7-12/9	3:30-4:15pm	5-7	8	HV
296.2.605	Th	10/7-12/9	4:30-5:15 pm	8-11	8	HV
296.2.606	Th	10/7-12/9	5:30-6:15pm	12-16	8	HV

SPORTS & FITNESS**Cheerleading \$70**

Children learn cheerleading moves, routines and cheers. This class helps children gain self-esteem while having fun learning. This class is designed to teach beginners the basics and improve the skills of those more advanced. By the end of the session the children will be ready for an in class cheerleading competition with their peers. Pom Poms are available for purchase from the instructor. Uniforms are also available for purchase but are not required.

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.502	W	10/6-12/8	6:30-7:10pm	5+	10	HV
296.2.503	W	10/6-12/8	7:15-7:55pm	8-13	10	HV

Fit-4-Kids \$140

A comprehensive wellness program for overweight children and teens and their parents. Come join us for an exercise program that emphasizes fun and improvement of self-esteem. In addition, FIT-4-KIDS offers educational lectures and materials advising parents on successful and lasting lifestyle changes for their children and the whole family.

No Class 10/11

Instructor: Back In Form, Inc.

Course#	Day	Date	Time	Age	Mtg.	Loc
296.2.550	M/W	10/4-11/29	4:30-5:30pm	6-14	16	HV

Floor Gymnastics \$49

Come join this fun and active class! Students learn basic front and back rolls, somersaults, headstands, and more! Fitness warm-ups and exercises to music are included.

No Class 11/11, 11/25

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg	Loc.
296.2.540	Th	10/7-12/9	3:30-4:25pm	5-7	8	HV
296.2.541	Th	10/7-12/9	4:30-5:25pm	8-10	8	HV

Kinder-Gymnastics \$49

Designed to teach basic gymnastic skills, including movement exploration, balance, and coordination. Parents may attend a 10 minute overview at the first class meeting and a performance at the last class meeting only.

No Class 11/11, 11/25

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg	Loc.
296.2.545	Th	10/7-12/9	2:30-3:25pm	3-6	8	HV

Parent/Child Self-Defense \$70

A good physical contact activity for a parent and child to do together. Parents will need to work with children both in and out of class. Class is co-ed and fee includes one child and one adult. Additional children in the same immediate family may also register with the same parent for \$20.00 more.

No Class 10/11

Instructor: Martinez

Course#	Day	Date	Time	Age	Mtg	Loc.
296.2.519	M	10/4-11/29	5:30-6:30pm	5+	8	HV

Parent Toddler Gymnastics \$49

This is a parent participation class where the parent can work with their child to stimulate development through music, games and body awareness. Only registered participants are allowed in class.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg	Loc.
296.2.546	T	10/5-11/23	10-10:55am	22-36m	8	HV
296.2.547	T	10/5-11/23	11-11:55am	22-36m	8	HV

Self-Defense - Beginning \$70

Children learn self-defense and safety awareness in a fun and safe environment. Classes are tailored to each age group according to physical, mental, and emotional ability. Children are taught both verbal and physical skills involved in self-defense. Emphasis is placed on increasing the student's awareness of potentially dangerous situations.

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.510	W	10/6-12/8	6:30-7:10pm	5-13	10	HV

Self-Defense - Yellow Belt \$70

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
283.2.511	W	10/6-12/8	7:15-7:55pm	5-13	10	HV

Self-Defense \$58

Learn self protection, correct grips, block parries, and break falls. Develop physical fitness, self confidence, and discipline. Karate uniforms or Gis are recommended, but not required and may be purchased for \$25-\$45 from any martial arts studio. No fee-based belt testing is offered in this class.

No Class 11/11, 11/25

Instructor: Martinez

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.515	Th	10/7-12/9	3:15-4:15pm	5-7	8	HV
296.2.516	Th	10/7-12/9	4:15-5:15pm	8-13	8	HV

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SPORTS & FITNESS

Self-Defense - Teen

\$58

Teens can learn self-defense and safety awareness in a fun and safe environment. Emphasis will be placed on increasing teen's awareness of potentially dangerous situations.

No Class 10/11
Instructor: Martinez

Course#	Day	Date	Time	Age	Mtg	Loc.
296.2.518	M	10/4-11/29	4:30-5:30pm	12-17	8	HV

Tennis - Beginning

\$60

Introduction to basic strokes, including forehand, backhand, overhead serve (lob and net), racquet size purchase guidelines, court etiquette and score keeping. Doubles and singles strategies are taught. Wear court sneakers. Students provide their own racquet and one unopened can of tennis balls. Location: River Glen Park or Bramhall Park.

No Class 11/26
Instructor: Westergren

Course#	Day	Date	Time	Age	Mtg	Loc.
296.2.530	F	10/8-12/3	3-4pm	6-8	8	RG
296.2.531	F	10/8-12/3	4-5pm	9-12	8	RG

Tennis - Beg/Intermediate

\$60
No Class 11/27
Instructor: Staff

Course#	Day	Date	Time	Age	Mtg	Loc.
296.2.535	S	10/9-12/3	10-11am	6-8	8	BH
296.2.536	S	10/9-12/3	11am-12pm	9-11	8	BH
296.2.537	S	10/9-12/3	12-1pm	12-15	8	BH

Tennis - Private Lessons

\$120

Have you ever wanted to take tennis lessons, but the lessons don't fit into your schedule? Now you have the opportunity. Take private lessons from our tennis pro that fits into your schedule. Contact the Hoover Community Center for more information. Private lessons include (6) lessons that are 30 minutes each.

Instructor: Westergren

Course#	Day	Date	Time	Age	Mtg	Loc.
296.2.539	By Appointment		hour lesson	6+	6	RG

SPORT LEAGUES

2004 Coed Soccer League

PLAYERS CLINIC: Saturday, Oct. 2, 10am for 5-6 year olds; 11:30 am for 7-8 year olds, and 1pm for 9-10 year olds. Players meet their coach and teammates, receive their t-shirts, and are introduced to the basic fundamentals of soccer. The clinic will be held at Hamann Park, 2750 Westfield Avenue. Coaches are encouraged to go through the clinic with their players. Players are required to wear shin guards.

COST: \$28.00 per resident (includes t-shirt, award, equipment & pizza party). \$36.00 per non-resident

REGISTRATION: Registration is in effect now. You may register in person at Hoover Community Center, or you may register by mail. Space is limited. **TEAMS:** Players will be placed on teams randomly. You may request to be on the same team with two other players, but you must register at the same time. We will not honor requests to be on a specific coaches team.

COACHES NEEDED! Parents who volunteer to coach will have the fee waived for one of their children. The coaches' meeting is on Wednesday September 29, 7pm, at Hoover Community Center, 1677 Park Avenue. The City of San Jose has a program through which potential volunteers with supervisory or disciplinary control over minors at recreation centers are fingerprinted. The fingerprints are then sent to the California Department of Justice and the Federal Bureau of Investigation for a criminal background check.

PARENT MEETING: Parents are invited to attend informational meetings on the Positive Coaching Alliance (PCA) during the players clinic on Saturday, Oct. 2. The meetings will be held at Hamann Park at 10am, 11:30am, and 1pm.

LOCATION: Hamann Park, 2750 Westfield Avenue.

Course#	Day	Date	Time	Age	Mtg	Loc
283.2.901	Sa	10/2-11/20	TBA	5-10	7	HA

ADULT CLASSES

Aerobic Kickboxing

\$58

The hottest aerobic workout in existence today! This class works the whole body while at the same time teaches practical self-defense techniques. Learn a variety of blocks, kicks, and punches, burn calories and have a blast. Wear loose fitting clothing.

No Class 10/11
Instructor: Camp Carter

Course#	Day	Date	Time	Age	Mtg	Loc.
296.2.705	M	10/4-11/29	7:30-8:20pm	16+	8	HV

Cardio Sculpt/Body Conditioning

\$58

Coed aerobics activity for fitness. A combination of aerobics and muscle toning activities. Both men and women can benefit from the program that helps make men more buffed and women more shapely while becoming more fit. A good way to reduce the effects of aging and to make your heart happy. Non-competitive and work at your own level from easy to advanced.

Instructor: Camp Carter

Course#	Day	Date	Time	Age	Mtg	Loc.
296.2.706	T	10/5-11/23	7-7:50pm	16+	8	HV

Pilates

\$58

Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus on relieving tension in the back, neck, shoulders, and hips through breathing techniques and relaxation.

No Class 11/11, 11/25
Instructor: Camp Carter

Course#	Day	Date	Time	Age	Mtg	Loc.
296.2.707	Th	10/7-12/9	6:30-7:30pm	16+	8	HV

Salsa Dancing

\$58

Salsa is the hottest Latin dance in the nightclubs today. Join this high energy class, socialize and have lots of fun. All the basics will be covered: salsa rhythm, footwork, leading, following, patterns, shine steps, and pattern combinations. Come as a couple or alone, we will change partners at times.

No Class 10/11
Instructor: Camp Carter

Course#	Day	Date	Time	Age	Mtg	Loc.
296.2.708	M	10/4-11/29	6:30-7:20pm	16+	8	HV

Self-Defense for Women**\$58**

Women will learn self-defense and safety awareness in a fun and safe environment. Classes are tailored to each group according to physical, mental, and emotional ability and will teach both verbal and physical skills involved in self-defense. Emphasis is placed on increasing the student's awareness of potentially dangerous situations.

*No Class 11/11, 11/25**Instructor: Martinez*

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.710	Th	10/7-12/9	5:15-6:15pm	14+	8	HV

Spanish**\$58**

A class designed to gain the basic knowledge of the Spanish language. This course is a great opportunity for you to learn the foundation of the language. It is a fast and easy way to learn Spanish along with some culture and history.

*No Class 10/11**Instructor: Camp Carter*

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.750	M	10/4-11/29	5-5:50pm	16+	8	HV

Tennis - Beg/Intermediate**\$60**

Introduction to basic strokes, including forehand, backhand, overhead serve racquet size purchase guidelines, court etiquette and score keeping. Doubles and singles strategies are taught. Wear court sneakers. Students provide their own racquet and one unopened can of tennis balls. Location: River Glen Park or Bramhall Park.

*No Class 11/11, 11/25**Instructor: Westergren*

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.720	W	10/6-11/24	10-11am	18+	8	RG
296.2.721	Th	10/7-12/9	10-11am	18+	8	RG

\$45*No Class 11/27**Instructor: Staff*

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.741	Sa	10/9-12/3	9-10am	18+	8	BH

Tennis – Private Lessons**\$170**

Have you ever wanted to take tennis lessons, but the lessons don't fit into your schedule? Now you have the opportunity. Take private lessons from our tennis pro that fits into your schedule. Contact the Hoover Community Center for more information. Private lessons include (6) lessons that are one hour each.

Instructor: Westergren

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.725	By Appointment		1 hour lesson	18+	6	RG

Yoga**\$70**

Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus on relieving tension in the back, neck, shoulders and hips thru breathing techniques and relaxation. Additionally, special attention will be paid to proper alignment to enhance energy flow and posture.

*No Class 11/11, 11/25**Instructor: Jindia*

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.702	W	10/6-11-24	9-10:30am	14+	8	HV
296.2.703	Th	10/7-12-9	6:30-8pm	14+	8	HV

Houge Park Center**Twilight Dr. @ White Oaks, San José****Phone:** 408-369-1850**Supervisor:** Gerard Manuel**Email:** gerard.manuel@sanjoseca.gov**Bus Lines:** 62 via Bascom Ave.**Types of Programs:** Fee class, youth center, and senior drop-in programs.**Mail Reg to:** P.O. Box 6707, SJ 95150 or fax to: 408-264-2359**ARTS & CRAFTS****Art at the Park****\$60**

Come play and make new friends! Join us for a fun-filled hour of art, crafts, music, and movement. This parent/child class emphasizes creativity and pre-socialization skills. Each class ends with circle time activities. Parent participation is mandatory. Food is provided for any cooking project.

*No Class 10/11**Instructor: Rivera*

Course#	Day	Date	Time	Age	Mtg.	Loc.
297.2.105	W	10/6-11/10	9:30-10:30am	18-36m	6	HO
297.2.106	W	10/6-11/10	10:45-11:15am	18-36m	6	HO

Arts & Crafts**\$65**

Children will have fun learning how to draw, paint, and create art sculptures and collages. Main focus will be on self-expression, how to use different art materials, and use of their imagination. Children will learn how to mix colors, increase their understanding of brush control, and develop sketching techniques. Food will be provided for any cooking project.

Instructor: Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
297.2.101	W	10/6-11/24	3-4:30pm	5-8	8	HO
297.2.102	W	10/6-11/24	4:45-6:15pm	9-11	8	HO

Art Time**\$60**

Kids will utilize various art materials, methods, and media to create beautiful, fun works of art. Painting, drawing, sculpting, gluing, and cutting are skills enhanced by this class. Parent participation is mandatory. Food is provided for any cooking project.

*No Class 11/11**Instructor: Rivera*

Course#	Day	Date	Time	Age	Mtg.	Loc.
297.2.107	T	10/5-11/9	9:30-10:30am	2-3	6	HO
297.2.108	T	10/5-11/9	10:45-11:45am	4-5	6	HO
253.2.111	F	10/8-11/12	9:30-10:30am	18-36m	6	KR
253.2.112	F	10/8-11/12	10:45-11:45am	2-5	6	KR
253.2.113	F	10/8-11/12	12-1pm	2-5	6	KR

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